

Should my child go to school today?

Headache , Earache and Stomach ache	Students with headache, earache and stomach ache can go to school- just let the staff know they have felt unwell. Give paracetamol and plenty of fluids to drink. Seek medical advice.
High Temperature	Give paracetamol and plenty to drink. After paracetamol if your child feels better, bring them into school. If your child's temperature continues for three days or more seek medical advice.
Coughs and Colds	Students should be given paracetamol plenty of fluid to drink can be sent to school. If your Child is asthmatic, remember they may need their blue inhaler
Flu and Swine Flu	Students should go back to school when recovered –this is usually about five days.
Sore throat, tonsillitis and glandular fever	Students should be given paracetamol, plenty of fluids to drink and can be sent to school.
Period Pains	Students should be given paracetamol and be sent to school.
Diarrhoea and vomiting	Students can return to school 24 hours after the last episode of diarrhoea and vomiting.
Scabies	Students can go back to school after the first treatment.
Head Lice	Students can go back to school with head lice but they must be treated for the condition to prevent further spreading.
Hand, foot and mouth warts and Verrucae	Students can go back to school Verrucae should be covered.
Conjunctivitis	Students can go to school. They should be encouraged to wash their hands to prevent further spread of infection.
Impetigo	Students can go back to school when their lesions are crusted or healed, or two days after starting antibiotics.
Measles, Chicken Pox and German Measles	Students should go back to school four days after the rash has started. Please let the school know as pregnant member of staff may be affected.
Medicine in school	Students can come to school even if they are taking medication. Please inform a member of staff.
Further advice	You can also contact NHS West Kent on 01732 375200 www.nhsdirect,nhs.uk
Local Pharmacy	Local pharmacy – see your local pharmacist for help and advice.