

You will need a large rucksack, **approximately 60L** to pack your personal and group kit in.

Personal Clothing

- 1 pair of walking boots (broken in) * 2 pairs of walking socks
 - 2 t-shirts
 - Thermal t-shirt (optional)
 - 2 fleece tops or similar
 - 2 walking trousers
 - Underwear
 - Nightwear
- Flipflops/trainers/sandals etc (optional for campsite use)
- Warm hat &/or sunhat (as appropriate)
 - 1 pair gloves (if appropriate)
 - 1 pair shorts (if appropriate)
 - Sunblock (if appropriate)
 - Waterproof over-trousers
- Jacket/coat (waterproof & windproof)

Personal Kit

- Rucksack (60L) + Liner (if appropriate)
- Sleeping bag + Sleeping Matt
- Torch (spare batteries)
- Personal first aid kit
- Water bottle (2 litres)
 - Knife, fork, spoon
 - Plate/bowl /Mug
 - Box of matches / lighter
- Wash kit/personal hygiene items (some items could be shared as a group)
 - Towel
- Spare Laces (if needed)

Shared Items to Share Amongst Your Group

- Scourers
- Tea towels
- Plastic bags (for rubbish etc.)
 - Toilet paper
- Tin Opener (if needed)

Provided Equipment by our Authorised Activity Provider (E3 Adventures)

- Tents
- Stoves
- Fuel
- Pots / Pans
- Maps / Compass
- Group First Aid Kit
- Emergency Phone

*Walking boots should have good grip on the bottom and provide support to the foot. Loose fitting sports trainers are unlikely to have sufficient tread on the bottom or do up tight enough to help prevent slips while carrying weight. Pupils with inappropriate footwear will not be allowed to walk.

part of your welcome pack you will be given a discount card to help purchase parts of the above kit.

Any concerns please contact sam.collis@mascallsacademy.org.uk.